

Featuring 100% pure Creatine Monohydrate

Creatine is a naturally occurring compound found in muscle and brain tissue that helps regenerate ATP — the body's primary source of cellular energy. Supplementing with creatine increases muscle phosphocreatine stores, improving strength, power, and endurance during high-intensity exercise. It also supports cognitive function and recovery, making it one of the most researched and effective performance-enhancing nutrients available.



Why CreaPrime?

CreaPrime delivers ultra-pure, pharmaceutical-grade Creatine Monohydrate. This essential compound supports muscle strength, cognitive focus, recovery, and endurance—without additives or fillers.

How It Works

Creatine is stored in your muscles and brain as phosphocreatine, a high-energy molecule that helps regenerate ATP — your body's rapid energy source for every powerful contraction and thought.

- Brain & Muscle Energy – Supports cognitive sharpness and explosive strength.
- Improved Performance – Boosts endurance and training volume.
- Muscle Recovery – Reduces fatigue and supports faster repair.
- Cell Hydration & Growth – Enhances muscle fullness and nutrient uptake.

How to Use

Serving Size: 5 to 10 g per day.

Mix: Stir into 200–250 ml water, juice, or your daily smoothie.

When: Once daily. For optimal results, take post-workout or at a consistent time daily.

Loading optional: For rapid saturation, take 4 × 5 g daily for 5 days.

Good to Know

- 100% pure CreaPrime™ Creatine Monohydrate — no additives, flavors, or fillers.
- Tested for purity, heavy metals, and banned substances.
- Suitable for vegans, gluten-free, non-GMO.
- Safe for long-term daily use.

Storage

Keep tightly closed in a cool, dry place. Do not refrigerate.