



WHOLESOME Living

Tel: 071 889 6502

Email: info@wholesomeliving.co.za

Web: www.wholesomeliving.co.za

About Wholesome Living

Wholesome Living is a wellness company committed to providing high-quality health care information. We offer an array of health management advice, which support evidence-based approaches to health and wellness. Prevention and wellness, affordability, and removing obstacles to accessibility is what we strive for.

Good health is vital to all of us, and finding sustainable solutions to the most pressing health care challenges of our world cannot wait. That's why we are committed to educating on and supplying a wide assortment of whole-food concentrates and nutritional supplements.

We have you covered from head to toe.

Mission

To improve the health and wellness of every person we encounter.

Vision

Every life improved through access to high-quality, affordable health food and products. From families to seniors to self-employed individuals, there is a plan to meet many unique needs and resources to improve health and well-being at every stage of life.

Our Goal

Our goal is to reclaim balance. When imbalance occurs, we get the signs of disease (or dis-ease): low energy, fatigue, poor digestion, excess weight, foggy thinking, aches and pains, as well as major disorders.

Reclaiming balance means energy; mental clarity; smooth operation of all body systems; clear, bright eyes and skin; and a lean, trim body.



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Our Products

We offer the following products:

AlMega
BarleyLife
Bear Paw Garlic
CalciAIM
Cell Wellness Restorer
CellSparc 360
CoCoa LeafGreens
Composure

fit 'n fiber
Herbal Release
FloraFood
Frame Essentials
Garden Trio
GinkgoSense
GlucoChrom
Herbal Fiberblend
PrepZymes

Proancynol 2000
ProPeas
ReAssure SP
RediBeets
Red Rush
Renewed Balance
RevitaFem
Veggie D

We also supply fresh Rugani Carrot Juice

Visit our website for full details about each product. The dates for our education health talks can also be found on the Events page of our Website.



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